







[www.ohsosteffany.com](http://www.ohsosteffany.com)



# SEPTEMBER 2015

| MONDAY  | TUESDAY | WEDNESDAY | THURSDAY |
|---|---------|-----------|----------|
|   | 1       | 2         | 3        |
| 7   | 8       | 9         | 10       |
| 14  | 15      | 16        | 17       |
|  21 | 22      | 23        | 24       |
|  28 | 29      | 30        |          |






| FRIDAY | SATURDAY   | SUNDAY  |
|--------|--|---|
| 4      | 5<br> | 6   |
| 11     | 12   | 13<br> |
| 18     | 19   | 20  |
| 25     | 26   | 27  |
|        |  |   |


GOALS



# OCTOBER 2015

| MONDAY | TUESDAY  | WEDNESDAY | THURSDAY |
|--------|--|-----------|----------|
|        |  |           | 1        |
| 5      | 6  | 7         | 8        |
| 12     |  13 | 14        | 15       |
| 19     |  20 | 21        | 22       |
| 26     |  27 | 28        | 29       |







| FRIDAY | SATURDAY | SUNDAY  |
|--------|----------|---|
| 2      | 3        | 4  |
| 9      | 10       | 11  |
| 16     | 17       | 18  |
| 23     | 24       | 25  |
| 30     | 31       |   |

GOALS



# NOVEMBER 2015

| MONDAY | TUESDAY   | WEDNESDAY   | THURSDAY   |
|--------|---|---|--|
|        |   |   |  |
| 2      |  | 3   | 4 5  |
| 9      | 10  |  | 11 12  |
| 16     | 17  | 18  |  19 |
| 23     | 24  |  | 25 26  |




| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
|        |          | 1      |
| 6      | 7        | 8      |
| 13     | 14       | 15     |
| 20     | 21       | 22     |
| 27     | 28       | 29     |

GOALS






# DECEMBER 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY   |
|--------|---------|-----------|--|
| 31     | 1       | 2         | 3<br> |
| 7      | 8       | 9         | 10   |
| 14     | 15      | 16        | 17   |
| 21     | 22      | 23        | 24   |
| 28     | 29      | 30        | 31   |





| FRIDAY  | SATURDAY | SUNDAY |
|---|----------|--------|
| 4   | 5        | 6      |
|  11   | 12       | 13     |
|  18 | 19       | 20     |
|  25 | 26       | 27     |
|   |          |        |

GOALS



# JANUARY 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--------|---------|-----------|----------|
|        |         |           |          |
| 4      | 5       | 6         | 7        |
| 11     | 12      | 13        | 14       |
| 18     | 19      | 20        | 21       |
| 25     | 26      | 27        | 28       |







| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
| 1      | 2        | 3      |
| 8      | 9        | 10     |
| 15     | 16       | 17     |
| 22     | 23       | 24     |
| 29     | 30       | 31     |

GOALS



# FEBRUARY 2016

| MONDAY  | TUESDAY | WEDNESDAY | THURSDAY |
|---|---------|-----------|----------|
|  1    | 2       | 3         | 4        |
|  8    | 9       | 10        | 11       |
|  15 | 16      | 17        | 18       |
|  22 | 23      | 24        | 25       |
| 29  |         |           |          |








| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
| 5      | 6        | 7      |
| 12     | 13       | 14     |
| 19     | 20       | 21     |
| 26     | 27       | 28     |
|        |          |        |

GOALS



# MARCH 2016

| MONDAY | TUESDAY  | WEDNESDAY  | THURSDAY   |
|--------|--|--|--|
|        |  1    | 2  | 3  |
| 7      | 8  |  9    | 10   |
| 14     |  15 | 16   | 17   |
| 21     | 22   |  23 | 24   |
| 28     | 29   | 30   |  31 |





| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
| 4      | 5        | 6      |
| 11     | 12       | 13     |
| 18     | 19       | 20     |
| 25     | 26       | 27     |
|        |          |        |

GOALS





# APRIL 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY   |
|--------|---------|-----------|--|
|        |         |           |  |
| 4      | 5       | 6         | 7     |
| 11     | 12      | 13        | 14  |
| 18     | 19      | 20        | 21   |
| 25     | 26      | 27        | 28   |





| FRIDAY  | SATURDAY   | SUNDAY |
|---|--|--------|
| 1   | 2  | 3      |
| 8   | 9  | 10     |
| 15  | 16   | 17     |
|  22 | 23   | 24     |
| 29  |  30 |        |





GOALS



# MAY 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--------|---------|-----------|----------|
| 30     | 31      |           |          |
| 2      | 3       | 4         | 5        |
| 9      | 10      | 11        | 12       |
| 16     | 17      | 18        | 19       |
| 23     | 24      | 25        | 26       |





| FRIDAY  | SATURDAY   | SUNDAY   |
|---|--|--|
|   |  | 1  |
|  6    | 7  | 8  |
|  13 | 14   | 15   |
| 20  |  21 | 22   |
| 27  | 28   |  29 |



GOALS



# JUNE 2016

| MONDAY  | TUESDAY | WEDNESDAY | THURSDAY |
|---|---------|-----------|----------|
| 30  | 31      | 1         | 2        |
| 6   | 7       | 8         | 9        |
| 13  | 14      | 15        | 16       |
|  20 | 21      | 22        | 23       |
|  27 | 28      | 29        | 30       |







| FRIDAY | SATURDAY | SUNDAY   |
|--------|----------|--|
| 3      | 4        | 5   |
| 10     | 11       | 12  |
| 17     | 18       | 19   |
| 24     | 25       | 26   |
|        |          |  |

GOALS



# JULY 2016

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY |
|--|--|--|----------|
|  |  |  |          |
|  4 | 5  | 6  | 7        |
| 11   |  12 | 13   | 14       |
| 18   |  19 | 20   | 21       |
| 25   | 26   |  27 | 28       |







| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
| 1      | 2        | 3      |
| 8      | 9        | 10     |
| 15     | 16       | 17     |
| 22     | 23       | 24     |
| 29     | 30       | 31     |

GOALS



# AUGUST 2016

| MONDAY | TUESDAY   | WEDNESDAY | THURSDAY   |
|--------|---|-----------|--|
| 1      | 2  | 3         | 4  |
| 8      | 9  | 10        | 11   |
| 15     | 16  | 17        | 18  |
| 22     | 23  | 24        | 25  |
| 29     | 30  | 31        |  |





| FRIDAY | SATURDAY | SUNDAY |
|--------|----------|--------|
| 5      | 6        | 7      |
| 12     | 13       | 14     |
| 19     | 20       | 21     |
| 26     | 27       | 28     |
|        |          |        |

GOALS





# SEPTEMBER 2015

MONDAY 28

TUESDAY 29

WEDNESDAY 30

THURSDAY 1



OCTOBER 2015

FRIDAY 2

SATURDAY 3



SUNDAY 4

WEEKLY TASKS



# OCTOBER 2015

MONDAY 5

TUESDAY 6

WEDNESDAY 7

THURSDAY 8





# OCTOBER 2015

FRIDAY 9

SATURDAY 10

SUNDAY 11

WEEKLY TASKS



# OCTOBER 2015

MONDAY 12

TUESDAY 13



WEDNESDAY 14

THURSDAY 15



# OCTOBER 2015

FRIDAY 16

SATURDAY 17

SUNDAY 18

WEEKLY TASKS



# OCTOBER 2015

MONDAY 19

TUESDAY 20



WEDNESDAY 21

THURSDAY 22





# OCTOBER 2015

FRIDAY 23

SATURDAY 24

SUNDAY 25

WEEKLY TASKS



# OCTOBER 2015

MONDAY 26

TUESDAY 27



WEDNESDAY 28

THURSDAY 29



# OCTOBER 2015

FRIDAY 30

SATURDAY 31

SUNDAY 1

WEEKLY TASKS



# NOVEMBER 2015

MONDAY 2

TUESDAY 3



WEDNESDAY 4

THURSDAY 5



# NOVEMBER 2015

FRIDAY 6

SATURDAY 7

SUNDAY 8

WEEKLY TASKS



# NOVEMBER 2015

MONDAY 9

TUESDAY 10

WEDNESDAY 11



THURSDAY 12



# NOVEMBER 2015

FRIDAY 13

SATURDAY 14

SUNDAY 15

WEEKLY TASKS



# NOVEMBER 2015

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19







# NOVEMBER 2015

FRIDAY 20

SATURDAY 21

SUNDAY 22

WEEKLY TASKS



# NOVEMBER 2015

MONDAY 23

TUESDAY 24

WEDNESDAY 25



THURSDAY 26



# NOVEMBER 2015

FRIDAY 27

SATURDAY 28

SUNDAY 29

WEEKLY TASKS



# DECEMBER 2015

MONDAY 30

TUESDAY 1

WEDNESDAY 2

THURSDAY 3





# DECEMBER 2015

FRIDAY 4

SATURDAY 5

SUNDAY 6

WEEKLY TASKS





# DECEMBER 2015

MONDAY 7

TUESDAY 8

WEDNESDAY 9

THURSDAY 10



# DECEMBER 2015

FRIDAY 11



SATURDAY 12

SUNDAY 13

WEEKLY TASKS



# DECEMBER 2015

MONDAY 14

TUESDAY 15

WEDNESDAY 16

THURSDAY 17





# DECEMBER 2015

FRIDAY 18



SATURDAY 19

SUNDAY 20

WEEKLY TASKS



# DECEMBER 2015

MONDAY 21

TUESDAY 22

WEDNESDAY 23

THURSDAY 24



# DECEMBER 2015

FRIDAY 25



SATURDAY 26

SUNDAY 27

WEEKLY TASKS



# DECEMBER 2015

MONDAY 28

TUESDAY 29

WEDNESDAY 30

THURSDAY 31



# JANUARY 2016

FRIDAY 1

SATURDAY 2



SUNDAY 3

WEEKLY TASKS



# JANUARY 2016

MONDAY 4

TUESDAY 5

WEDNESDAY 6

THURSDAY 7



# JANUARY 2016

FRIDAY 8

SATURDAY 9

SUNDAY 10



WEEKLY TASKS



# JANUARY 2016

MONDAY 11

TUESDAY 12

WEDNESDAY 13

THURSDAY 14





# JANUARY 2016

FRIDAY 15

SATURDAY 16



SUNDAY 17

WEEKLY TASKS



# JANUARY 2016

MONDAY 18

TUESDAY 19

WEDNESDAY 20

THURSDAY 21



# JANUARY 2016

FRIDAY 22

SATURDAY 23

SUNDAY 24



WEEKLY TASKS



# JANUARY 2016

MONDAY 25

TUESDAY 26

WEDNESDAY 27

THURSDAY 28





# JANUARY 2016

FRIDAY 29

SATURDAY 30

SUNDAY 31

WEEKLY TASKS



# FEBRUARY 2016

MONDAY 1



TUESDAY 2

WEDNESDAY 3

THURSDAY 4



# FEBRUARY 2016

FRIDAY 5

SATURDAY 6

SUNDAY 7

WEEKLY TASKS



# FEBRUARY 2016

MONDAY 8



TUESDAY 9

WEDNESDAY 10

THURSDAY 11





# FEBRUARY 2016

FRIDAY 12

SATURDAY 13

SUNDAY 14

WEEKLY TASKS



# FEBRUARY 2016

MONDAY 15



TUESDAY 16

WEDNESDAY 17

THURSDAY 18



# FEBRUARY 2016

FRIDAY 19

SATURDAY 20

SUNDAY 21

WEEKLY TASKS



# FEBRUARY 2016

MONDAY 22



TUESDAY 23

WEDNESDAY 24

THURSDAY 25



# FEBRUARY 2016

FRIDAY 26

SATURDAY 27

SUNDAY 28

WEEKLY TASKS



# MARCH 2016

MONDAY 29

TUESDAY 1



WEDNESDAY 2

THURSDAY 3



# MARCH 2016

FRIDAY 4

SATURDAY 5

SUNDAY 6

WEEKLY TASKS



# MARCH 2016

MONDAY 7

TUESDAY 8

WEDNESDAY 9



THURSDAY 10





# MARCH 2016

FRIDAY 11

SATURDAY 12

SUNDAY 13

WEEKLY TASKS



# MARCH 2016

MONDAY 14

TUESDAY 15



WEDNESDAY 16

THURSDAY 17



# MARCH 2016

FRIDAY 18

SATURDAY 19

SUNDAY 20

WEEKLY TASKS



# MARCH 2016

MONDAY 21

TUESDAY 22

WEDNESDAY 23



THURSDAY 24



# MARCH 2016

FRIDAY 25

SATURDAY 26

SUNDAY 27

WEEKLY TASKS



# MARCH 2016

MONDAY 28

TUESDAY 29

WEDNESDAY 30

THURSDAY 31





# APRIL 2016

FRIDAY 1

SATURDAY 2

SUNDAY 3

WEEKLY TASKS



# APRIL 2016

MONDAY 4

TUESDAY 5

WEDNESDAY 6

THURSDAY 7







# APRIL 2016

FRIDAY 8

SATURDAY 9

SUNDAY 10

WEEKLY TASKS



# APRIL 2016

MONDAY 11

TUESDAY 12

WEDNESDAY 13

THURSDAY 14





# APRIL 2016

FRIDAY 15

SATURDAY 16

SUNDAY 17

WEEKLY TASKS





# APRIL 2016

MONDAY 18

TUESDAY 19

WEDNESDAY 20

THURSDAY 21



APRIL 2016

FRIDAY 22



SATURDAY 23

SUNDAY 24

WEEKLY TASKS



# APRIL 2016

MONDAY 25

TUESDAY 26

WEDNESDAY 27

THURSDAY 28



APRIL 2016

FRIDAY 29

SATURDAY 30



SUNDAY 1

WEEKLY TASKS



# MAY 2016

MONDAY 2

TUESDAY 3

WEDNESDAY 4

THURSDAY 5





MAY 2016

FRIDAY 6



SATURDAY 7

SUNDAY 8

WEEKLY TASKS



# MAY 2016

MONDAY 9

TUESDAY 10

WEDNESDAY 11

THURSDAY 12



MAY 2016

FRIDAY 13



SATURDAY 14

SUNDAY 15

WEEKLY TASKS



# MAY 2016

MONDAY 16

TUESDAY 17

WEDNESDAY 18

THURSDAY 19



MAY 2016

FRIDAY 20

SATURDAY 21



SUNDAY 22

WEEKLY TASKS



# MAY 2016

MONDAY 23

TUESDAY 24

WEDNESDAY 25

THURSDAY 26



MAY 2016

FRIDAY 27

SATURDAY 28

SUNDAY 29



WEEKLY TASKS



# MAY - JUNE 2016

MONDAY 30

TUESDAY 31

WEDNESDAY 1

THURSDAY 2





# JUNE 2016

FRIDAY 3

SATURDAY 4

SUNDAY 5



WEEKLY TASKS



# JUNE 2016

MONDAY 6

TUESDAY 7

WEDNESDAY 8

THURSDAY 9



# JUNE 2016

FRIDAY 10

SATURDAY 11

SUNDAY 12



WEEKLY TASKS



# JUNE 2016

MONDAY 13

TUESDAY 14

WEDNESDAY 15

THURSDAY 16





# JUNE 2016

FRIDAY 17

SATURDAY 18

SUNDAY 19

WEEKLY TASKS



# JUNE 2016

MONDAY 20



TUESDAY 21

WEDNESDAY 22

THURSDAY 23



# JUNE 2016

FRIDAY 24

SATURDAY 25

SUNDAY 26

WEEKLY TASKS



# JUNE 2016

MONDAY 27



TUESDAY 28

WEDNESDAY 29

THURSDAY 30





# JULY 2016

FRIDAY 1

SATURDAY 2

SUNDAY 3

WEEKLY TASKS



# JULY 2016

MONDAY 4



TUESDAY 5

WEDNESDAY 6

THURSDAY 7



# JULY 2016

FRIDAY 8

SATURDAY 9

SUNDAY 10

WEEKLY TASKS



# JULY 2016

MONDAY 11

TUESDAY 12



WEDNESDAY 13

THURSDAY 14



# JULY 2016

FRIDAY 15

SATURDAY 16

SUNDAY 17

WEEKLY TASKS



# JULY 2016

MONDAY 18

TUESDAY 19



WEDNESDAY 20

THURSDAY 21



# JULY 2016

FRIDAY 22

SATURDAY 23

SUNDAY 24

WEEKLY TASKS



# JULY 2016

MONDAY 25

TUESDAY 26

WEDNESDAY 27



THURSDAY 28





# JULY 2016

FRIDAY 29

SATURDAY 30

SUNDAY 31

WEEKLY TASKS



# AUGUST 2016

MONDAY 1

TUESDAY 2



WEDNESDAY 3

THURSDAY 4



# AUGUST 2016

FRIDAY 5

SATURDAY 6

SUNDAY 7

WEEKLY TASKS



# AUGUST 2016

MONDAY 8

TUESDAY 9

WEDNESDAY 10



THURSDAY 11



# AUGUST 2016

FRIDAY 12

SATURDAY 13

SUNDAY 14

WEEKLY TASKS



# AUGUST 2016

MONDAY 15

TUESDAY 16

WEDNESDAY 17

THURSDAY 18





# AUGUST 2016

FRIDAY 19

SATURDAY 20

SUNDAY 21

WEEKLY TASKS



# AUGUST 2016

MONDAY 22

TUESDAY 23

WEDNESDAY 24

THURSDAY 25







# AUGUST 2016

FRIDAY 26

SATURDAY 27

SUNDAY 28

WEEKLY TASKS



# AUGUST 2016

MONDAY 29

TUESDAY 30

WEDNESDAY 31

THURSDAY 1





# SEPTEMBER 2016

FRIDAY 2

SATURDAY 3

SUNDAY 4

WEEKLY TASKS

